1: Staden--145 (1553-54) 1928 Tupinamba
116, 515

"When they pick their lice they eat them. I asked them frequently why they did this, and they told me it was because the lice were their enemies who ate up their heads, and thus they took vengeance."

7: Evreux--106-107 (1611-13) 1864 Tupinamba
116, 515

They are very careful of their person and keep very clean. They very often wash their whole bodies and there is not a day in which they do not throw water on their bodies and rub them with their hands to remove any dust or filth. [107]

The women never fail to comb their hair frequently.

7: Evreux--111-112
116, 264, 271, 515

(1611-13) 1864

Tupinamba

They eat often, but only a little at any one time. After eating they carefully wash their mouths. [112] If they are thirsty between meals, they drink until half their thirst is quenched and then gargle to soften the heat of their palates. They cook their meat well and never eat it half-cooked, being much more careful than the French in this respect. They rub themselves with the oil of palms, of rocon and of Junipape, which are the things that keep them in good condition. . . .

8: Soares de Souza--320 (1570-87) 1851 Tupinamba
116, 515, 841

Menstruating women clean themselves with a stick which they always have with them and which they carry when leaving their houses. They are not ashamed to clean themselves in front of people and to eat lice when they delouse each other. When they find a louse they give it to the one on whose head it was and he crushes it between his teeth, not to eat it but in revenge for the bites.

9: Cardim--503 (1583-1601) 1906 Tupinamba
116, 136, 515

"Above all this, Brasill hath one commoditie for men to live, that in it doe live disorderly, that there are but few Lice or Fleas, but among the Indians, and Guinne Moores there are some Lice; but there want no Hornets, Dorres, Waspes, Flies, and Gnats of so many kinds, and so cruell and venemous, that stinging any person, the place swelleth for three or foure dayes, especially in the fresh men, which have their bloud fresh and tender, with the good Bread, Wine and delicate fare of Portugall."

10: Cardim--275
116, 481, 515, 844

(1583) 1939

Tupinamba

Though covered with perspiration they go into the water. Men, women and children on getting up go to the river to wash themselves and swim, however cold it might be. Women swim and paddle like men and when they give birth they go to the rivers to wash themselves.